

Wish List

Pantry Items:

Canned Chili
Spaghetti Sauce
Tomato Sauce
Tomato Paste
Seasonings
Tuna
Rice
Pasta
Sugar
Canned Vegetables
Fruit Cups
Snack Bars
First Night Items:
Robes and Pajamas
Slippers and Shoes:
adults & children of
all sizes

Household Items:

Blankets & Sheets:
twin size
Bath Towels
Diapers & Wipes
Depends
Trash bags:
13 & 33 gal
Zip-Loc Bags
Paper Towels
Toilet Paper
Gift Cards:
Wal-Mart - Target
BJs - Sams
Publix - Albertsons

Nov. 2009

In the News

Rihanna Tells MTV News: "Domestic Violence Doesn't Define Me"

While Chris Brown says he'd prefer to keep the details of his February assault on Rihanna private, the pop star says she's speaking out to help others. In a new interview with MTV News Monday, Rihanna opened up on why she sat down for a candid interview with ABC's Diane Sawyer, which aired on 20/20 last week.

"It was the biggest weight lifted off my chest," she told MTV News. "If you watch the interview, you see it was a subject that I didn't talk about for the eight months that I didn't talk about it, so that was my first real time opening up. I had a lot of tension bottled up. So when I finally spoke about it, it felt really good. More importantly, it felt good that people got something positive out of it, because it's devastating. It's not fun to talk about or listen to, but there are a lot of women who are going through it, a lot of teenagers who are scared to talk about it. So I thought it was a good thing that I can be that voice for them and help them get out of that situation."

To learn about the [SafeHouse Dating Violence Prevention programs](#), visit our website at www.safehouseofseminole.org or call 407-302-5220 ext. 232.

Upcoming Events



GLOBAL GRILL / WOK KITCHEN

ELEPHANT BAR RESTAURANT

Invites you to escape the ordinary and
help raise money for SafeHouse of Seminole

(just by eating!)

Join us for lunch or dinner

February 18, 2010

Present the [attached flyer](#) to your server and Elephant Bar Restaurant will donate 20% of your check to SafeHouse.

SAVE
THE
DATE

SafeHouse Spring Soiree

May 15, 2010

Entertainment by: Derek & The Slammers

www.safehouseofseminole.org